



HAZIA.K.KHAN COLLEGE

ESTD : 2008

P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166

Website: www.haziakkhancollege.ac.in E-mail Id : haziakkhancollege@yahoo.com

E-mail Id: haziakkhancollege@gmail.com

Mob:

International Yoga Day Celebration: 2021 - 2022

Organized by:

Department of Physical Education, Hazi A. K. Khan College in collaboration with the Internal Quality Assurance Cell (IQAC) of Hazi A. K. Khan College.

Date: 21.06.2022

Time: 12 Noon

Venue: Hazi A. K. Khan College Play Ground

Description of Event:

On June 21, 2022, Hazi A. K. Khan College celebrated International Yoga Day with great enthusiasm and participation from students. The event aimed to promote physical, mental, and spiritual well-being through the practice of yoga and raise awareness about its benefits.

The event commenced with an inaugural ceremony presided over by Dr. Goutam Kumar Ghosh, Principal, Hazi A. K. Khan College, the event was graced by the presence of IQAC Co-Ordinator Dr. Krishnendu Munshi, Dr. Munmun Datta, Secretary of Teachers Council (TCS) and other faculty of the college, where the significance of yoga in maintaining a healthy lifestyle was emphasized. A lamp lighting ceremony marked the beginning of the event, symbolizing the light of knowledge and inner peace.


Principal
Hazi A.K Khan College
Hariharpara, Murshidabad



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Mr. Sanjit Kumar Roy, Teacher of Physical Education conducted various yoga sessions throughout the day, catering to different skill levels and preferences. Participants were guided through a series of asanas, pranayama, and meditation techniques, promoting relaxation, flexibility, and stress relief.

The International Yoga Day celebration at Hazi A. K. Khan College was a resounding success, fostering a sense of community, harmony, and well-being among students, faculty, and staff. Through a diverse range of activities and workshops, the event not only promoted the physical benefits of yoga but also emphasized its profound impact on mental and spiritual health. By embracing yoga as a way of life, the college reaffirmed its commitment to nurturing holistic development and promoting a culture of wellness on campus.

The success of this event would not have been possible without the collective effort and dedication of the organizing committee, volunteers and participants. Their enthusiasm and commitment contributed immensely to making the International Yoga Day celebration a memorable and enriching experience for all involved.



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Photo Gallery.




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Notice

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E-mail Id: haziakkhancollege@gmail.com Mob:

Memo No.: _____ Date: 02.06.2022
From: Principal

NOTICE

It is hereby notified to all the students and faculty members of Hazi A. K. Khan College that the Department of Physical Education in collaboration with IQAC, Hazi A. K. Khan College is going to organize the "International Yoga Day" which is scheduled to be held on 21.06.2022 at the college ground. So, all are requested to be present at the college at 11: 30 A.M to take a part in the Yoga Day Celebration positively.


Principal
Hazi A. K. Khan College
Hariharpara, Murshidabad

Prepared by Alauddin Biswas


Principal
Hazi A.K Khan College
Hariharpara, Murshidabad



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Participation List

HAZI A. K. KHAN COLLEGE
Hariharpara, Murshidabad
International Yoga Day Celebration
Date: 21.06.2022 Session: 2021-2022

Attendance Sheet

Sl.No.	Reg. No	Name of the students	Signature
1.	058493	SAHINA AKTAR	Sahina Akter
2.	058494	SAIMA AKTAR KAJAL	Saima Akter Kajal
3.	058495	SAMIMA AKTER	Samima Akter
4.	058496	SAMIMA SULTANA	Samima Sultana
5.	058497	SARMINA KHATUN	Sarmina Khatun
6.	058498	SHIKHA KHATUN	Shikha Khatun
7.	058499	SOBHANA KHATUN	Sobhana Khatun
8.	058511	ABU JAFAR SIDDIQUE	Abu Jafar Siddique
9.	058512	AKTARUL SEIKH	Aktarul Seikh
10.	058513	ANISUR RAHAMAN	Anisur Rahman
11.	058514	ANISUR RAHAMAN MONDAL	Anisur Rahman Mondal
12.	058515	AROB HOSSIN	Arob Hossin
13.	058516	ASIKUL ANSARY	Asikul Ansary
14.	058517	BASIR AHAMMED	Basir Ahamed
15.	058518	BOBIN MONDAL	Bobin Mondal
16.	058519	GOLAMMORTJA	Golammortja
17.	058520	JABBAR SK	Jabbar SK
18.	058521	JINARUL ISLAM	Jinarul Islam
19.	058522	JUEL RANA	Juel Rana
20.	058523	MASUM BISWAS	Masum Biswas
21.	058558	SAMIMA YEASMIN	Samima Yeasmin
22.	058559	SARIFA KHATUN	Sarifa Khatun
23.	058560	AVIJIT KUMAR MONDAL	Avijit Kumar Mondal
24.	058561	KAIF AHAMED	Kaif Ahamed
25.	058562	MASUD RANA MONDAL	Masud Rana Mondal
26.	058563	MIR DILWAR HOSSAIN	Mir Dilwar Hossain